



Nightingale Community Academy

Report on the Planned use PE and Sport Premium 2023-24

NCA received a total £16,270 (based January's school census) 27 pupils – Predicted spend £17,680

Key Outcome Indicator 1: The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles						
School Focus/ planned Impact on pupils	Actions to Achieve	Planned Funding	Actual Funding	Evidence	Actual Impact on pupils (following Review)	Sustainability/ Next Steps
Encourage and develop good playground behaviours- Evidence of improved social skills and successful active playtimes To continue to promote healthy active lifestyles across the school	<p>Play lead LSP responsible for delivery of games/ activities in the KS1+2 playground.</p> <p>Positive active playground course for 4 members of staff will take place after the employment for 4 full time members of staff on (June 2023)</p> <p>Appointment of a PE instructor to support PE teacher with delivery and staff development</p> <p>Timetabled play activities during 'unstructured' time</p>	<p>£800</p> <p>£1600 (Positive active playground course for 8 members of staff by the end of Academic year)</p> <p>£6000</p>		Weekly drop-in observations show that pupils are engaged in a broader range of physical activities during playtimes. 8 permanent LSPs complete CPD		<p>Play Leaders will train all Playground staff to lead and deliver active playground games helping them to maintain pupil activity levels. Pupils are confident to play and lead team games within the playground and encourage their peers to join in. Children choose to be active during break times having a positive impact on their behaviour, social skills, physical skills and health. This will continue next year maintaining the high levels of regular daily physical activity in the local community. The children will take part in taster sessions delivered by the clubs and provided with the opportunity to join.</p> <p>Some trained staff have left so new permanent members of staff will attend training sessions.</p>
'Try a new fruit Wednesday' - routine opportunities for pupils to try a new fruit to promote healthier eating.	School's sports coach to set up a 'Healthy Lifestyles morning club' / after school club (targeting those children that do not participate in extra-curricular clubs)	£20 a week £780 a year		Increased fruit selection at lunchtimes. Primary fruit & vegetable boxes	60% of primary children each lunchtime/ quiet time fruit at least twice a week 81% of pupils who filled out primary sports premium questionnaire enjoyed eating fruit at quiet time. (13/16)	Source additional funding streams and investigate Healthy Schools accreditation

Staffing and responsibility
Stella + Kenya – Play leader responsible for KS1 + 2 games in the playground at break and lunchtime Kenya - Responsible for ordering fruit once a half term
Progress
Playground activities being led by play leads, play leads now need to meet with LSPs to train staff to deliver playground activities Primary department receiving fruit but Becky is looking into receiving a variety of different fruits

Key Outcome Indicator 2: The profile of PE and Sport will be raised across the school as a tool for whole school improvement						
School Focus/ planned Impact on pupils	Actions to Achieve	Planned Funding	Actual Funding	Evidence	Actual Impact on pupils (following Review)	Sustainability/ Next Steps
To improve outcomes in writing increase in % of children at age expectations for writing in the early years	OT to provide individual plans for Playground Development Officer (PDO) to run Targeted intervention groups in the summer term to develop fine and gross motor skills of those pupils underachieving in writing.	£90 a week		Post intervention review by OT		Establish a cycle of OT support for play intervention
To improve confidence, behaviour and ability to listen to and follow instructions from an adult.	PDO to run targeted intervention groups Year 6 'outward bounds' residential to Jamie's Farm and PGL	£12,500	£12,500	Behaviour records demonstrate 20% increase in 'listening behaviours' and 30% decrease in 'Refusal to follow instructions'		
To understand the importance of working as part of a team	Team sports to be played every lunch time lead by play leaders. Competitive team sports to be organised. Year 6 'outward bounds' residential			20% Reduction in inappropriate play recorded in SIMS across classroom groups and key individuals during unstructured times		

Staffing and responsibility
Tamsyn Gilham to provide individual plans for Sharon to complete targeted intervention groups Terril will organise competitive team games/matches against local schools Kenya, Phoebe, and Stella to organise team sports at lunch time Emily and Terril to organise year 6 residential
Progress
Staff rota has been deployed for break/lunch time activities Kenya, Phoebe, and Stella now organise team sports at lunch time Year 5/6 attended school residential KS1/2 participated in primary sports competition

Key Outcome Indicator 3: The confidence, knowledge and skills of all staff in teaching PE and sport is increased						
School Focus/ planned Impact on pupils	Actions to Achieve	Planned Funding	Actual Funding	Evidence	Actual Impact on pupils (following Review)	Sustainability/ Next Steps
To develop and maintain staff confidence in PE- % of children at age expectations at the end of the year reflect this.	Staff confidence audit identifies members of staff for specific PE training PE lead and other members of staff released to attend CPD PE courses. Staff members supported by Head of PE team through CPD, team teaching and support from PE Teacher. Teachers and teaching assistants are up-skilled and confident to teach high quality PE lessons. PE instructor makes a successful application for teacher training	£1000		Observations and assessment in PE confirm that teaching is at least good Staff evaluations confirm that CPD is at least good in 75% of cases PE instructor successful in application for QTS	Training and support from NCA PE team have increased staff confidence and competence levels. Positive feedback from training has been reflected in staff moral All pupils have access to high quality PE lessons P.E teacher has been on coaching course and is now delivering Trampolining Trampolining sessions happen after school and in timetabled lessons	Audit staff confidence ready for the start of the next academic year. Book identified staff members on to appropriate training courses/ sessions. Continue to support as and when required.
Trained secondary school P.E teacher to lead on KS1+2 P.E for at least two periods per week for each class	P.E teacher to be timetabled to teach all primary classes.			P.E teacher to be observed teaching KS1+2. Observations demonstrates at least good P.E teaching across primary phase.	P.E instructor teaches across KS1&2	P.E Teacher is completing NQT year.

Trained primary PE teacher to deliver KS1+2 PE from 2023/24	Teacher has been training at other primary mainstream schools as part of his PGCE	£9000	£9000			PE teacher is completing his PGCSE
Staffing and responsibility						
Terril is going on two coaching courses to enhance his knowledge in delivering lessons with two sports Terril is timetable to teach P.E with all primary classes Terril will teach primary PE on his return from PGCE placement						
Progress						
PE instructor has now qualified as a qualified P.E teacher.						

Key Outcome Indicator 4: broader experience of a range of sports and activities offered to all pupils						
School Focus/ planned Impact on pupils	Actions to Achieve	Planned Funding	Actual Funding	Evidence	Impact on pupils (following Review)	Sustainability/ Next Steps
<p>To continue to promote healthy active lifestyles across the school</p> <p>Swimming lessons- all pupils leave KS2 being confident swimmers and enter pupils in competitive swimming competitions.</p>	<p>New 'Play leaders' to lead Playtime and lunchtimes games and games before school starts.</p> <p>Swimming instructor and swimming pool booked for the year</p> <p>All pupils encouraged to take part in daily active playtimes and lunchtimes promoting healthy active lifestyles.</p>	<p>Part of play leaders pay</p> <p>Swimming instructor and pool £1,901</p>		<p>Attendance data confirms that pupils have access to a range of sporting opportunities, including boxing, swimming (throughout the year), athletics and rock climbing in the summer.</p> <p>Class surveys show that what % of children across KS1+2 are active at playtime and lunchtime.</p> <p>Play Leader evaluations of their CPD at least good in 75% of cases</p>	<p>Children are happy and actively engaged in their learning and play throughout the day</p>	<p>Continue to provide boxing, swimming and athletics coaches. Continue to enter pupils in swimming Gala's and competitive Athletic competitions</p>

<p>Boxing -To continue to promote healthy active lifestyles. Encourage and develop good positive relationships between peers - Evidence of improved social skills during break and classroom time.</p>	<p>Boxing instructor booked for the year</p>	<p>Boxing instructor- £1,350*</p>		<p>80% of pupils achieve unit award accreditation</p>	<p>Boxing has helped pupils develop new relationships with pupils and staff while creating a space for pupils to improve their discipline.</p>	
<p>Rugby - All children who participate in rugby are taught to respect their coaches and referees. Children are encouraged to play in a fair manner and accept the role of the referee. Players will learn how to work well as a team and will think about how decisions that are made will benefit not just themselves, but also their peers.</p>	<p>Rugby coach booked for the half term</p>	<p>Rugby instructor- £500</p>		<p>80% of pupils achieve unit award accreditation</p>	<p>Unit award accreditation but assessments not completed</p>	
<p>Outdoor Rock Climbing- teaches self-confidence, improves problem-solving skills. Players analyse what they did well and what has to change to improve. Players develop habits of self-improvement by self-analysis skills, seeking professional instruction, and accepting critiques from others</p> <p>The emphasis is on learning while having fun, with ropes climbing, bouldering and maybe even an abseil (upon instructor's discretion).</p>	<p>Rock Climbing will be booked for summer 2</p> <p>Rock climbing will also take place as part of PGL residential</p>	<p>Outdoor rock climbing - £840 for half term</p>		<p>80% of pupils achieve unit award accreditation</p>	<p>Unit award accreditation but assessments not completed</p>	

<p>Dance -regular dance practice can increase your child's flexibility, range of motion, physical strength and stamina. The repetitive movements involved in dance can improve muscle tone, correct poor posture, increase balance and coordination and improve overall cardiovascular health</p>	Dance instructor booked for the half term	Dance instructor £720		80% of pupils achieve unit award accreditation	Unit award accreditation but assessments not completed	
<p>Athletics - children who participate in sports develop stronger muscles and bones, and the stronger you are, the less likely you will suffer from physical injury.</p>	Athletics coach booked for the half term	Athletics coach £720		80% of pupils achieve unit award accreditation	Unit award accreditation but assessments not completed	
<p>Gymnastics - children, will incorporate strength, flexibility, speed, balance, coordination, power and discipline. skills learned in gymnastics can benefit a child's overall development.</p>	Gymnastic coach booked for the half term	Gymnastics coach £720		80% of pupils achieve unit award accreditation	Unit award accreditation but assessments not completed	
<p>PGL- More confidence, increased motivation, resilience and a positive attitude; these are just some of the benefits that a brilliant residential at PGL can bring to your youth group.</p> <p>With PGL activities, accommodation, equipment and food are included.</p>		£5,500	£5,500	80% of pupils achieve unit award accreditation	Unit award accreditation but assessments not completed	
<p>Equipment/Kit</p>	Purchase equipment for boxing and swimming kit	£1000			Boxing gloves and pads purchased. Swimming shorts, towels and swimming goggles purchased for primary pupils	

Staffing and responsibility
Danny– Boxing coach Emily- In charge of purchasing swimming kit
Progress
Primary pupils have experienced a range of different sports this academic year and been receiving weekly swimming lessons

Key Outcome Indicator 5: increased participation in competitive sport						
School Focus/ planned Impact on pupils	Actions to Achieve	Planned Funding	Actual Funding	Evidence	Actual Impact on pupils (following Review)	Sustainability/ Next Steps
Provide opportunities for pupils across the school to represent NCA in competitions and festivals	Contact local primary schools to get involved in competitions and festivals. Book and rent facilities such as athletics track for sports days. Book coaches for whole school sports days.	Renting facilities/mini bus £1800 a year		Increase in the amount of sports provided by the school Successful completion of at least three competitions School minibus purchased Trinity fields booked for KS1/2 sports events	Children have been able to take part in football and swimming competitions. Competitions within PE lessons/ across year groups against peers and end of year Sports day competitions in class groups	Contacting local special needs schools to arrange competitive sports fixtures School sports day takes place in summer term 2
Staffing and responsibly						
Terril- In charge of setting up NCA sporting competitions						
Progress						
Primary pupils have competed in a number of competitive competitions including track and field, tag rugby, football, boccia and swimming gala's						

Year 6 Swimming competencies

6/6 pupils can walk into the water without being closely supervised

5/6 Pupils do not have to be closely supervised and supported during swimming lessons

6/6 Pupils can float independently whilst wearing flotation aids for a short period of time

4/6 Pupils can swim 10 metres on their front without using floats

4/6 Pupils can swim 25 metres on their front without using a float

6/6 Pupils can swim 10 metres on their back using a float

6/6 Pupils are showing growing confidence and body awareness with regular sessions in swimming